

Evergreen Rumba

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Music: Evergreen (Gaby Goldberg) 3:29
Avail for download from www.casa-musica-shop.de
Footwork: Opposite and QQS except where noted
Rhythm/Phase Rumba VI Degree of Difficulty: Average Speed 44 rpm (25 mpm)
Sequence: Intro – A – A – B – A(Mod) – B(Mod) Release 1.0 March 2020

INTRO

- 1 - 4 **WAIT ; ; ADVANCED SLIDING DOOR ; UNDERARM SIT/LUNGE REC TO SHDW ;**
-- 1 In Shadow Skater facing wall lead foot free wait 2 measures ;
-- 2 Wait ;
3 Fwd L, rec R, XLIB under body, lead W to trn RF under L hands
(W bk R to COH, rec L, fwd R across M to LOD, swivel RF under L hands to fc RLOD);
4 Strong lunge sd R extend R arm to sd , rec L, small fwd R, -
(W bk L in sit line extend R arm up, rec R comm RF trn, sd L trng ½ RF, -);
- 5 - 8 **ADVANCED SLIDING DOOR ; ; ADVANCED SLIDING DOOR LADY SPIRAL ;**
LADY OUT TO FC ;
-s 5 Fwd L, rec R, XLIB under body, - (W Bk R to COH, rec L, fwd R across M to LOD, -);
6 Lower on L sweep R arm fwd, rise on L, small fwd R, -(W sd L on soft knee sweep R arm fwd,
rec R, bk L to shadow skaters, -)
7 Fwd L, rec R, XLIB under body, - (W Bk R to COH, rec L, fwd R to wall, spiral LF 7/8 on R);
8 Bk R, rec L, fwd R, -begin blending to CP(W fwd L, fwd R trng ½ LF, bk L, -);

PART A

- 1 - 4 **½ BASIC TO CONTINUOUS NATURAL TOP ; ; DOUBLE UNDERARM ENDING ;**
1 Fwd L, rec R, sd & fwd L comm RF trn, -(W bk R, rec L, fwd R trng RF, -);
2 XLIB, sd L, XLIB cont trng, raise lead hands -(W sd L, Xrif, sd L cont trng, -);
3 Sd L lead W under lead hands, XLIB, sd L cont trn, -
(W Xrif spiral LF to CP, sd L, Xrif cont trn, -);
QQ&QQ 4 Xrif, sd L lead W under lead hands/sd R, cl L, sd R
(W sd L, Xrif spiral LF/sd L cont LF trn, cl R cont trn, sd L);

(Cont Part A)

- 5 – 8 OPEN HIP TWIST ; FACING FAN ; CURL ; LADY QUICK SWIVEL 4/MAN ROCKS ;**
- 5 Fwd L, rec R, cl L lead W to trn RF, -(W bk R, rec L trng RF, fwd R, swiv RF fc LOD);
 6 Bk R, rec L trn ¼ LF fc LOD, fwd R, -(W fwd L, fwd R trng ½ LF, bk L to fan, -);
 7 Fwd L, rec R, cl L, lead W to turn LF under lead hands
 (W bk R, rec L, fwd R, turn LF under joined lead hands fc LOD);
 QQQQ 8 Sd L, sd R, sd L, sd R
 (W swivel LF on R fwd L COH, swiv RF on L fwd R to wall, swiv LF fwd L COH, swiv RF fwd R to wall);
- 9 - 12 LADY ROLL TO CENTER STORK LINE ; SLIDING SIDE WALK 3 ; OPPOS SPOT TURN TO BFLY DBLE RONDE ; SYCP INSIDE UNDERARM TURN FC COH ;**
- s 9 Hold on L, -, lunge sd R twd wall, -(W swivel LF on R fwd L COH, fwd R trng LF fc LOD,
 (QQS) sd L to COH, raise R foot up to R knee raise L arm hand turned out);
 10 Sd L to COH behind W, cl R, sd L, -(W lower R foot sd R twd wall, cl L, sd R, -);
 11 Trng LF fwd R to COH trn ½ LF, fwd L to wall, fwd R to BFLY, ronde L cw
 (W trng RF fwd L to wall trn ½ RF, fwd R to COH, fwd L to BFLY, ronde R cw);
 QQ&S 12 Trng RF sd L, rec R fc COH lead W under joined lead hands/cl L, sd R, -
 (W trng RF XRB, sd L to DC trng LF under lead hands/cl R, sd L, -); end LOP fc ptr COH
- 13 - 15 NEW YORKER ; SPOT TURN ; ADVANCED ALEMANA ; ;**
- 13 Trng RF fwd L LOD, rec R trng to fc ptr, sd L, -;
 14 Trng LF fwd R RLOD trng ½ LF, fwd L LOD trng to fc ptr, sd R, -;
 15 Fwd L, rec R, sd & fwd L trng RF raise lead hands to lead W under hands, -
 (W bk R, rec L, fwd R trng RF fc M, -);
 16 Cont trng RF XRB, sd L, cl R fc WALL CP, -
 (W under lead hands fwd L DRC trn RF, fwd R to wall cont trn, fwd L to M to CP, -);

PART B

- 1 – 4 CIRCULAR HIP TWIST ; LADY FWD SWIVEL, SWIVEL WRAP ;**
- 1 Lead W to open RF fwd L, rec R, XLIB start LF rotation, -
 (W turn RF ½ on L bk R, rec L trng ½ LF, fwd R outsd M, swivel RF twd LOD);
 2 Sd R, XLIB cont LF trn, sd R, -(W fwd L/swiv LF fc M, cl R/swiv RF, fwd L, -);
 3 Cont LF trn XLIB, sd R, cl L fc WALL, -
 (W swiv LF/cl R, swiv RF fwd L, swiv LF cl R, swiv hips RF);
 ss 4 Sd R, rotate body LF, fwd L, wrap W LF under lead hands-;
 (W fwd L LOD/swivel LF, -, fwd R RLOD/trn LF under lead hands to wrap pos, -);
- 5 - 8 SHADOW WALK 6 & SPIRAL ; ; AIDA ; SWITCH & SYNC SIDE WALK ;**
- 5 Blend to skaters pos fwd R, fwd L, fwd R, -;
 6 Fwd L, fwd R, fwd L, release hold & spiral RF 7/8;
 7 Fwd R trng RF, sd L cont trng, bk R inverted V pos, -;
 QQ&S 8 Bring lead foot & hand thru to fc chk sd L, rec R/cl L, sd R, -;

(Cont Part B)

9 - 12 MODIFIED 3 THREES ; ; LADY FC WALL ; WITH SPOT TURN ENDING TO :

- 9 Fwd L, rec R, cl L lead W to trn RF, -(W bk R, rec L, fwd R trn ½ RF in front of M, -);
 10 Hands on W shoulders bk R, rec L cl R with slight pull pressure to W L shoulder then release, - (W small step sd L, rec R, cl L spin LF full turn, -); stop the ladies spin with palm of L hand on back of ladies left shoulder end in tandem wall
 11 No hands fwd & sd L slight RF body trn extend L arm fwd R arm up, rec R slight LF body turn, small bk L, -(W bk & sd R with slight RF body turn, rec L slight LF body turn, fwd R, -);
 12 Bk R, rec L slightly across R foot, cl R join lead hands, lead W to spiral (W fwd L trng ½ RF, fwd R, fwd L to M's R side join lead hands, spiral 7/8 RF);
(Note: Ladies may do standard 3 Three ending with triple turning action if desired)

13 – 16 ROPE SPIN ; ; SPOT & TIME ; TIME & SPOT :

- 13 Leading W around sd L, rec R, cl L, -(W cw around M fwd R, fwd L, fwd R, -);
 14 Sd R, rec L, small sd R, -(W fwd L, fwd R trng RF to fc M, sd L, -);
 15 Release hands trng RF fwd L RLOD trng ½ RF, fwd R LOD trn to fc W, sd L, - (W XRB extend arms out to sd, rec L, sd R bring arms in, -);
 16 XRB extend arms out to sd, rec L, sd R bring arms in, - (W trng RF fwd L LOD trng ½ RF, fwd R RLOD trn to fc M, sd L, -)

PART A(Mod)**1 - 4 SUNBURST ; BFLY SIDE WALK 3 ; AIDA ; SWITCH WITH SYNC SIDE WALK ;**

- 1 Quickly lower touch both hands tog waist chest level extend body and arms up looking up sweeping arms out to side to BFLY;
 2 Sd L, cl R, sd L, -;
 3 Bring trailing arms over thru R trng RF, sd L, bk R to inverted V pos, -;
 QQ&S 4 Bring lead foot & hand thru to fc chk sd L, rec R/cl L, sd R, -;

5 – 8 OPEN HIP TWIST ; FACING FAN ; CURL ; QUICK SWIVEL 4 ;**9 - 12 LADY ROLL TO CENTER STORK LINE ; SLIDING SIDE WALK 3 ; OPPOS SPOT TURN TO BFLY DBLE RONDE ; SYCP INSIDE UNDERARM TURN FC COH ;****13 - 16 NEW YORKER ; SPOT TURN ; ADVANCED ALEMANA ; ;**

Repeat Part A measures 5 – 16 ; ; ; ; ; ; ; ; ; ; ; ;

PART B(Mod)**1 – 4 CIRCULAR HIP TWIST ; LADY FWD SWIVEL, SWIVEL WRAP ;****5 - 8 SHADOW WALK 6 ; ; AIDA ; SWITCH & SYNC SIDE WALK ;****9 - 12 3 THREES ; ; ; WITH SPOT TURN ENDING TO ;**

Reapet Part B measures 1 – 12 ; ; ; ; ; ; ; ; ; ; ; ;

13 – 15 CHECKED ROPE SPIN ; LUNGE THRU SLOW ARM CIRCLE LOOK LOD ;

- QQ&S 13 Leading W around sd L, rec R, cl L sharp LF trng ½ fc W in BFLY, - (W cw around M fwd R, fwd L, fwd R trng RF fc M, -);
 s- 14 Lower on L knee lunge R thru to RLOD, -, circle trailing arm CCW (W CW) over heads to RLOD, -;
 -- 15 Release trailing hands continue circle bk & up to LOD stretching lead side of body to look to LOD;